

Griffith Swimming Club Championships 2023

Saturday 18th March

Warm up 11.00am. Start time 11.30am

Online entries Open via Swim Central on the 1st of March at 6.30pm

Entries close on 13th of March at 7pm

All events are timed finals. Swimming NSW Rules Apply.

Age as at Saturday 18th March 2023



Conditions of Entry:

- Swimmers must be a **member of Griffith Swimming Club** (No free trial swimmers)
- Swimmers must have attended at least **four Time Trial Nights within the summer season (Oct–Mar)** to be eligible for Championship Points and Club Records, all Club Members are welcome to enter.
- There is no minimum or maximum of events that can be entered, excluding swimmers who enter a 25m event will not be able to enter another distance in that same stroke.
- Qualifying times are required to enter, Event 1 400m Freestyle and Event 2 200m Freestyle. These events will be run prior to the Club Championship Meet during the 2 Wednesdays on Time Trial nights.

Point System:

- Swimmers will receive points towards the Club Championships as follows:
- Swimmers who place in an event will receive 5 points for 1st, 4 points for 2nd and 3 points for 3rd.
- All events are Club Championship Point Events excluding the 25m events.

Mixed	Age group	Distance	Stroke
1	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over Qualifying Time 5.40	400m	Freestyle (8 th of March, entries close 6 th March 7pm)
2	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over Qualifying Time 3.00	200m	Freestyle (15 th of March, entries close 13 th March 7pm)
3	8yrs & Under	25m	Freestyle
4	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	50m	Freestyle
5	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	100m	Butterfly
6	8yrs & Under	25m	Breaststroke
7	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	50m	Breaststroke
8	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	100m	Backstroke
9	8 & Under	25m	Butterfly
10	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	50m	Butterfly
11	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	100m	Freestyle
12	8 & Under	25m	Backstroke
13	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	50m	Backstroke
14	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	100m	Breaststroke
15	7 & Under, 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over	200m	Individual Medley